



## 2014 Trail Run Marathon Relay Briefing

### Relay Procedures

Meeting at the start line at 8:15 am it is recommended that each team be represented by a team member responsible for driving to the exchange areas.

Relay hand overs may only be made at the aid/exchange areas designated on the course map. The hand-over areas are delineated by orange cones and red signs. Three person relay teams may divide the six course segments as they wish. Wristbands will be issued for the execution of the hand-over between team members. The final runner on the team must wear the bib with the timing chip attached.

### Driving Instructions

You will be given a **PINK** Relay Vehicle pass to put on your dashboard. There will be a specially designated parking area at Birkie Ridge for Relay vehicles. **PINK Relay Driving Route** signs will be located along the route to assist you. Seely Fire Tower Rd is a low maintenance road. **Only high clearance vehicles should be used to drive the relay exchange route.** Vehicle travel allowed only allowed in the direction described below.

#### **Birkie Ridge to Boedeker Road Exchanges #1 and #2.**

Leave Birkie Ridge parking area, turn left on Hwy 63 and drive .5 mile to Northern Lights Road and turn left. Drive .1 mile to T (stop sign) and turn left on Boedecker Road. Drive 2.9 miles to the Boedecker/Birkie Trail intersection for Exchanges #1 and #2. Park on the EAST side of the Trailhead on the south side of the road.

#### **Boedeker Road Aid Station to Timber Trail Exchanges #3**

Continue driving east on Boedecker Road .5 mile to T and turn left on to Telemark Road. Drive 3.6 miles to Timber Trail Rd and turn left. Drive 1.3 miles to the Exchange #3 at the intersection of the Korteloppet Ski Trail.

#### **Timber Trail Exchange #3 to Timber Trail Exchange #4**

Continue driving east .25 mile on Timber Trail Rd to Exchange #4 at the intersection of the Birkebeiner Ski Trail.

#### **Timber Trail Exchange #4 to Fire Tower Rd Exchange #5**

Continue driving east on Timber Trail Road .9 mile to Randysek Road and turn left. Drive 1.2 miles (please note: at .6 miles you will bear right and now be driving on Seeley Fire Tower Road) to Fire Tower Exchange #5.

#### **Driving to Birkie Ridge Start/Finish area.**

Continue on Seeley Fire Tower Road 1.7 miles to Boedecker Rd and turn right. Follow Boedecker Road 3.3 miles back to Northern Lights Road where you will turn right to Hwy 63. Turn right and drive .5 miles to Birkie Ridge.

**BIRKIE**  
SKI . RUN . BIKE . LIVE!