

Aid Station	Total Miles	Cut Off	Driving Directions & Special Info
American Birkebeiner Trailhead- Start	0	None	From Cable, WI, drive east on Hwy M to Telemark Rd. Travel south on Telemark Road and continue on the dirt road to the parking area. American Birkebeiner Trailhead is found on McNaught Rd., Cable, WI N46.193595 W91.256723
#1 Timber Trail Aid	4.5	None	From the start, leave the parking area by going west past the start line to McNaught Rd. In 1.9 miles, take a left onto Randysak Rd. In 2.5 miles turn left onto Timber Trail Rd. It is 0.9 miles to the station. N46.164950 W91.265856
#2 Stadium Aid	8.3	None	From Timber Trail Aid Station, head east on Timber Trail Road toward Spider Lake Fire Lane. Do not return west on Timber Trail Road, as the roads are narrow, and we would like to avoid two-way traffic. After 1.5 miles, turn left onto Spider Lake Fire Lane. Continue for 2.2 miles before turning left onto Telemark Road. Follow Telemark Road back to the Birkie Trailhead start area. After parking, walk underneath the tunnel near the Great hall to access the Stadium Aid Station.
#3 American Birkebeiner Trailhead Aid	13.1	11:30 a.m.	From the stadium aid station, walk back underneath the tunnel and back toward the start line. Note - the half marathon will finish here, after having completed the entire loop one time. The marathon will repeat the course.
#4 Timber Trail Aid	17.6	12:30 p.m.	Once again, from the American Birkebeiner Trailhead, drive to the Timber Trail aid station via McNaught Road west, Randysek Road South, and Timber Trail east.
#5 Stadium Aid	21.4	1:30 p.m.	Return to the Birkie Trailhead by continuing east on Timber Trail, north on Spider Lake Fire Lane, and turning left onto Telemark Road to the main parking area. Access the Stadium Aid Station by passing beneath the tunnel.
#6 Finish	26.2	3:00 p.m.	The finish line will be near the marathon start line, at the American Birkebeiner Trailhead. From the stadium aid station, simply walk back to the start area through the tunnel.



**McNaught Road**

**Randysek Road**

**Birkie Trailhead and Stadium Aid Stations**

**Note:** When driving to and from aid stations, please follow the directed flow of traffic. These roads can be narrow, and we would like to avoid two-way traffic!

**Timber Trail Road**

**Timber Trail Aid Station**

**Spider Lake Fire Lane**

28 min  
10.3 miles