



2024 **Jr.**
BIRKIE

PARTICIPANT GUIDE

February 22, 2024

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JUNIOR SKIERS - GET READY TO RACE!



**You are registered for the
2024 Jr. Birkie!**

Though we may not have received much natural snow this year, we are excited to get you out on the snow for the 25th Anniversary of the Jr. Birkie this year!

Individual Races

The races will start and finish at the infamous American Birkebeiner Trailhead in Cable, WI.

Team Sprint Relays

Due to the lack of snow, there will be **NO** team sprint relays in 2024.

REGISTRATION

Know anyone who still needs to register?
It's not too late!

Jr. Birkie Participant

\$27

REGISTER HERE!

Note: Registration closes on Wednesday, February 22nd, at 7:00 pm.
No on-site registration available.

GETTING THERE

Bib pick-up and all races will start and finish at the American Birkebeiner Trailhead, in Cable, Wisconsin. ***Parking is permitted at the American Birkebeiner Trailhead ONLY after 1:00 pm on Thursday.***

Participants and spectators can also access the start/finish line via shuttle service.

Participants arriving from the south should park at the Birkie Ridge Lot (2 miles north of Seeley). Please allow 45 minutes to bus to the start.

SHUTTLE SCHEDULE

Continuous Shuttle Service To & From	Continuous Shuttle Service To & From	Hours of Operation
Birkie Ridge	American Birkebeiner Trailhead	7:30am-4pm

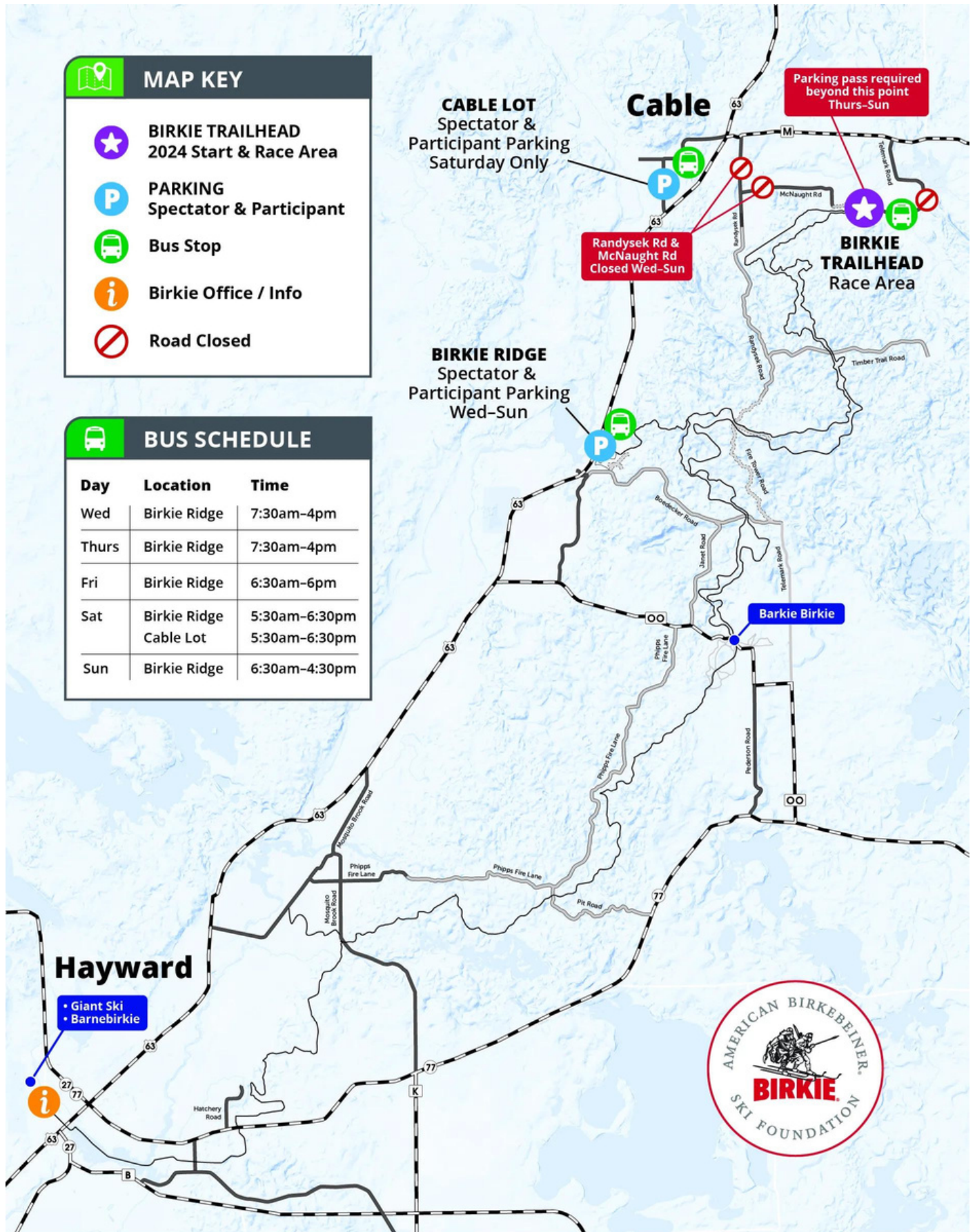
SHUTTLE MAP

MAP KEY

-  **BIRKIE TRAILHEAD**
2024 Start & Race Area
-  **PARKING**
Spectator & Participant
-  **Bus Stop**
-  **Birkie Office / Info**
-  **Road Closed**

BUS SCHEDULE

Day	Location	Time
Wed	Birkie Ridge	7:30am-4pm
Thurs	Birkie Ridge	7:30am-4pm
Fri	Birkie Ridge	6:30am-6pm
Sat	Birkie Ridge	5:30am-6:30pm
	Cable Lot	5:30am-6:30pm
Sun	Birkie Ridge	6:30am-4:30pm



BIB & GEAR BAG PICK-UP

Bib Pick-up Tent

American Birkebeiner Trailhead
Thursday | 1:00 pm - 2:30 pm

At bib pick-up, participants will receive their race bib and ski hat! Jr. gear bags that were purchased during registration will also be ready for pick up!

Note: To avoid congestion, We recommend just one representative per family pick up bib(s). Thank you!



BIB ASSIGNMENTS



GREEN
U8 boys & girls



ORANGE
U12 boys & girls

PURPLE
U10 boys & girls



BLUE
U14 boys & girls



CXC YOUTH CUP

The Junior Birkie Individual Race is part of the SWIX CXC Youth Cup for U12 and U14 age categories.

Licensed skiers are seeded and earn points in the CXC Youth Cup overall standings.

For information about the CXC Youth Cup visit:

<http://cxcskiing.org/pages/events/cxc-youth-cup.html>



WAX POLICY

As part of the CXC Youth Cup, no fluorocarbon waxes are allowed; athletes may only use fluoro-free glide and kick wax.

AGE GROUPS & TECHNIQUE

All races are freestyle technique – competitors may use skate or classic technique, however, there will not be classic tracks set on the courses.

Year of Birth	Category
2016-2017	U8
2014-2015	U10
2012-2013	U12
2010-2011	U14

INDIVIDUAL RACE SCHEDULE

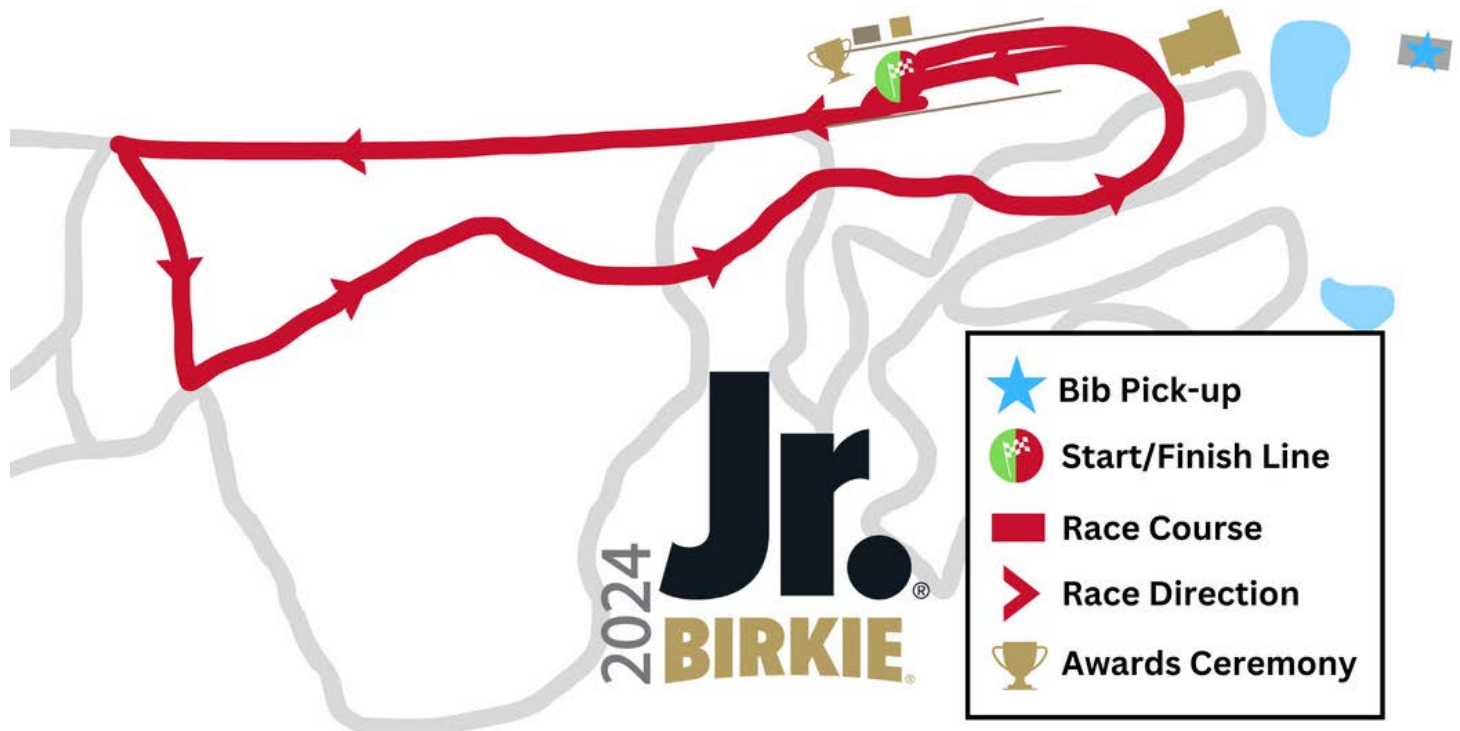
Time	Category	Mass Start Distance
2:00 pm	U10 Girls	1.5 km
2:10 pm	U8 Girls	1.5 km
2:20 pm	U10 Boys	1.5 km
2:30 pm	U8 Boys	1.5 km
2:40 pm	U12 Girls	3 km
2:55 pm	U12 Boys	3 km
3:05 pm	U14 Girls	3 km
3:15 pm	U14 Boys	3 km

COURSE MAP & DESCRIPTION

Individual Race

The Jr. Birkie individual races will start and finish at the American Birkebeiner Trailhead. The U8 and the U10 skiers will complete one-lap of the looped course, and will be around 1.5K in total distance. The U12 and the U14 skiers will complete two-laps of the looped course, resulting in a 3K race. All race distances are subject to change depending on course and conditions.

From the start, the course will begin down the main Birkie trail for roughly 800 meters, and then will turn left by the Birchlegger Bell. Skiers will make a short cut-through and turn left onto the old Korte inbound trail. Skiers will continue on that trail and turn left to go under the tunnel to finish, or lap, in the American Birkebeiner Stadium.



Note: final course map and course distances are subject to change due to conditions.

CELEBRATION!

Refreshments

A snack to recover will be available to participants in the Finisher Zone after the race!

Awards

All individual finishers will receive a Junior Birkie medal.

Awards will be presented to each age group immediately following the race at the Podium just beyond the finish line.

Note: If participants are unable to pick up their award on race day, they can request that it be mailed for \$8.00.

All requests must be made by March 31, 2023.



AWARD SHIPPING

RESULTS

Scan the QR code for Jr. Birkie race results!



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Ski. Run. Bike. Live!

Participant & Spectator Guides



Use your phone camera to
scan this code

BIRKIE
GREEN

